

## CSFF - 2024 U-Pick Guide

Thanks for booking a session in our U-Pick flower field - we're so excited to have you! We've created this guide to make sure that your visit to the farm is as fun (and safe) as possible.

### What to Bring

Please consider bringing the following items with you to make your time on the farm more comfortable:

- water bottle
- hat
- sunscreen
- bug spray
- appropriate footwear
- garden gloves are recommended for those with sensitive skin
- your epi-pen (if required)

### Address + Directions

We're located at [8280 McBride Road in Cold Springs, Ontario.](#)

Directions: Take Burnham Street North out of Cobourg to McBride Road (about 10 minutes); turn left onto McBride Road - there will be a coastguard tower on the corner. Travel west on McBride for approximately 2.5km until you reach our farm on the right-hand side. Enter at our second driveway where the farm sign is located.

### Parking Instructions

Please pull up to the large brown shed at the back of the property - there will be sandwich board signs indicating where to park. For safety reasons, please don't park in front of the house or garage.

After you park, you can follow the signs to head up to our flower field and we'll greet you at the pergola.

### Flower Field Etiquette

Our flower farm is also our private family home, so to make everyone's visit enjoyable (*and avoid being put on our blacklist*), **we ask that you please review our Farm Visit Policies prior to your visit by [CLICKING HERE](#)**. Failure to respect our policies will result in a warning, and if warranted, an immediate dismissal from the property.

## **How To Cut The Flowers**

All of our U-Pick tickets include up to 15 minutes of guided instruction before we let you loose for the hour. Here are the general guidelines we recommend:

1 / Find the flower you'd like to cut and hold it gently, but firmly under the flower head with one hand.

2 / Use the flower snips provided to cut one stem at a time, right above a set of leaves. Be sure to cut long stems so that you can get the most use out of the flower - we generally suggest the length from your wrist to your elbow.

3 / Gently pluck the leaves off from the bottom half of the stem, and place it in your mason jar right away to hydrate.

## **Contact Us**

*Any additional questions can be directed to our email: [coldspringsflowers@gmail.com](mailto:coldspringsflowers@gmail.com). We usually respond within one (1) business day.*